



Wedding Day Emergency Kit

Be prepared for the unexpected and reduce wedding day stress. Here is a checklist of items every bride should have on hand on her wedding day. Print this list and have a friend help you assemble your emergency kit.

Health & Medical

- antacid
- antihistamine, cold remedy, any prescription medications
- aspirin, pain relievers
- upset stomach remedy
- feminine hygiene products (tampons, panty liners, etc.)
- bandages

Grooming Items

- curling iron, hot rollers
- hairdryer
- brush, comb
- hairspray, hair gel
- bobby pins, hair elastics, barrettes
- headband or clips for pulling hair back while applying makeup
- toothbrush, toothpaste, floss
- mouthwash
- baby powder
- deodorant
- perfume
- wet wipes, hand lotion
- tissues
- cotton balls, cotton swabs
- makeup
- makeup remover
- nail polish in shade worn
- clear nail polish (for runs in pantyhose)
- nail polish remover (in packs)
- nail file
- tweezers
- small hand towel
- lint brush

Miscellaneous

- extra cash
- extra earring backs
- extra buttons
- extra pantyhose
- "throwaway" garter
- breath mints
- energy bars (if you are unable to eat breakfast)
- flat shoes for the reception
- club soda or other stain removal solutions
- masking tape or sewing tape (for last-minute ripped hems)
- safety pins and a sewing kit with thread the color of bride's and attendants' dresses
- scissors
- travel iron
- cell phone and home phone numbers of all wedding participants
- contact information for all vendors
- extra copies of directions to reception
- _____
- _____
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